

ANTIHISTAMINE / DECONGESTANT REGIMENS FOR TREATING RHINITIS

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5 BACKGROUND OF THE INVENTION

1. Field of the Invention

[00001] The present invention relates to prepackaged therapeutic regimens for the symptomatic treatment of individuals with rhinitis, which combine decongestant
10 and antihistamine medications in a manner to avoid daytime sedation and minimize stimulation from decongestants.

2. Description of the Prior Art

[00002] Rhinitis refers to an inflammatory disorder of the nasal passages. The
15 symptoms of rhinitis typically consist of sneezing, rhinorrhea, nasal congestion, and increased nasal secretions. Failure of treatment of rhinitis may lead to other disorders including infection of the sinuses, ears and lower respiratory tract.

[00003] Two types of oral medication are commonly used to treat rhinitis: decongestants and antihistamines. Decongestants and antihistamines differ in
20 mechanism of action, therapeutic effects and side effects. It is common practice to combine the use of these two to bring about more complete symptom relief of rhinitis than with either entity alone.